

ASD Firenze Rugby Subacqueo
Via dei Cairoli, 16
50131 FIRENZE
Tel. +39 328 3659511
info@frs.it



V4.13/11/2018

Welcome to 3NL CECINA 2019

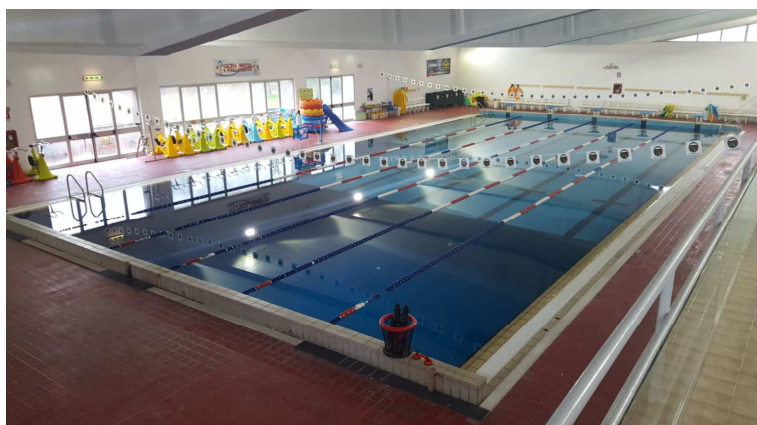
First Leg of the 2019 3NL (4th edition)

On Saturday and Sunday the 16th/17th
of February 2019

1. Place

Piscina Comunale di Cecina
Via A. Moro 10
57023 Cecina (Livorno) - Italy
Web: <https://www.facebook.com/piscinacomunale.dicecina>

“Piscina Comunale di Cecina” is an indoor pool, 25 x 12 m. The playing area will be a 12 x 7 m rectangle. Remaining space is available for warming up. The depth of the playing area is 4.90 m.



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2. Organizers

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3. INDICATIVE PROGRAM. TO BE CONFIRMED

Saturday 16/02/2018: Mixed tournament.

12:15 Team Leader Meeting
12:45 First Game
22:55 Awards ceremony
23:00 Pool Exit

Sunday 17/02/2018: Woman tournament.

08:15 Team Leader Meeting
08:45 First Game
13:55 Awards ceremony
14:00 Pool Exit & Lunch

4. TriNations League

The 3NL Cecina 2019 is the first tournament of the 2019 TriNations League (3NL). Refer to the full regulation for details: any participating team must agree on the 3NL concept and regulation.

Priority at registration is given to member/invited teams and players of the League, according to the rules.

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5. Registration

Registration request must be sent to the 3NL committee at 3nluwr@gmail.com; free teams are allowed. The registration is complete only after receiving the confirmation from the committee. The maximum number of team is 10 (for mixed tournament) and 5 (for woman tournament).

Free players may register through the draft system compiling the module on the 3NL website (and sending an email to 3nluwr@gmail.com). Only players applying before 15/01/2019 may be guaranteed the participation (if chosen by a team, according to the draft procedure).

Later applicants, if confirmed, will be distributed on the day of the tournament at the team leader meeting, without guarantee to find a team.

6. Playing Schedule

The playing schedule depends on the number of participating teams according to the 3NL rules. Female games will not be held on Saturday.

Due to the tight schedule, it is essential that all teams and referees get ready before the previous match ends.

7. Rules

2019 UWR rules of 3NL will be applied. Time schedule may be adapted. Female games will not be held on Saturday.

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8. **Entry fees**

The entry fee for the single leg is 250 € (150 € for woman tournament).
The entry fee for each draft player is 30 €. (15 € for woman tournament)

The amount has to be paid by bank transfer **only after acceptance.** Please indicate the team name and the leg on the description. **No refund is possible.**

Bank coordinates:

Account Holder: TRINATIONS UNDERWATER RUGBY LEAGUE

IBAN: FR7610057192330002039990148

Bic/swift: CMCIFRPP

Bank Name: CIC BAZAS

9. **Accommodation**

Booking.com offers a wide selection of accommodations.

10. **Sunday lunch**

No dinner and party is planned on Saturday: a lunch will be organized on Sunday (TO BE DEFINE); Price shall be around 20/25€.

A supermarket is located at 300m; **food is not allowed on the poolside.**

11. **Exclusion of liability**

Participation at this competition takes place at one's own risk. The hosting club could not be considered liable for any personal or material damages. Each team/players must have their own insurance for national/international tournaments and a medical certificate for competition.

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12. Referees and protest

Each Team has to provide two referees. For each missing referee a penalty fee of 100€ will be applied. Please indicate the referees in the list of players.

Written protest must be delivered in to the management of the tournament within 30 min after the current game is ended. Protest fee is € 100.

13. Weather

The tournament will be held in a closed swimming pool.

14. Information and Contacts

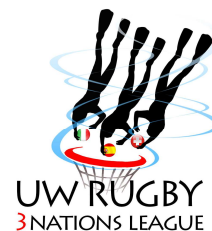
Please feel free to write to 3nluwr@gmail.com for information.

In case of need you can contact:

Andrea 0039 338 520 8775

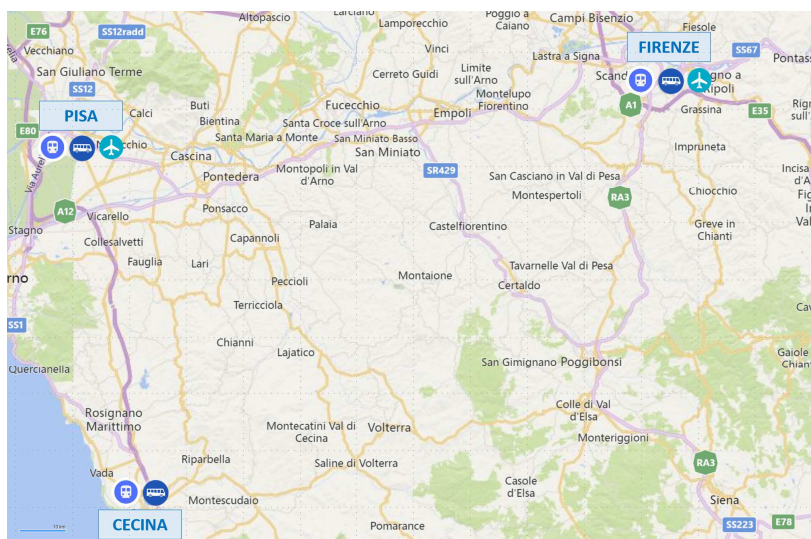
Valentina 0039 393 374 9985

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15. Public transport



Cecina is close to Firenze (1h15' driving time by car) and Pisa (45' driving time by car) airports.

There are easy train connection (<http://www.trenitalia.com/tcom-en>).

16. Tournament's physician

TO BE DEFINED.

17. Insurances

Organizers have received the authorization to organize the tournament by their national federation and therefore have a valid full insurance cover.

Players are requested to have a valid uwr license, sport insurance (full coverage , valid in Italy) and uwr competition medical certification.

Day insurance can be contracted on: <https://www.24hassistance.com/>. Italian federation can also provide "Tessera Temporanea".

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Participation request form for 3NL CECINA 2019

After acceptance send one form for each team registered to 3nluur@gmail.com

Team Name :	
Nationality :	
Number of players:	
Address:	

Team Coordinator:	
Email of Coordinator:	
Phone of Coordinator:	

Will take part to Sunday's lunch? NO YES
If yes, how many (approx.)

Please attach the proof of payment of the entry fee.

Place and Date:

Signature of
Team Coordinator

It is necessary to present this document before entering the pool at the registration gate.

List of players

TEAM NAME:

Every participant must have a valid uwr sport license, a valid uwr medical certification and be a member of an uwr sport association.

Player	Name	Valid Sport license number	Medical Certification expiration date
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			

Competition participants declare to raise from any liability, related to their participation to the competition, all the organizations and members related to the competition. Each team coordinator certifies, under his responsibility, in respect of articles 46 and 47 of legislative decree 445 of 28/12/2000, to be in possession of all the medical certifications required by the law that attest required medical condition for the athletes registered to the competition. As substitute of the authenticated certification subscription, the registrant, under the legislative decree n. 445 of 28/12/2000, attaches the photocopy of his identity document.

Place and Date:

Signature of
Team Coordinator

It is necessary to present this document before entering the pool at the registration gate.

3NL CECINA 2019
LUNCH REQUEST

[TO BE DEFINED]